



THE BELLRINGER

OCTOBER 2012

BUILDING HOPE

The memories of my time in Africa and Haiti are beginning to dim. Thankfully I have been receiving emails from some of the wonderful people I met and this gives my mind prodding to relive some of our time together. Each instance of someone asking me about my sabbatical also provides opportunities to relive the experience. I will be giving a presentation to the Outreach Committee on October 2nd and to the wider congregation during a luncheon on October 7th following the 10:15 service. This begins the process of serious discernment for St. Dunstan's as we prayerfully consider the places where we are called to be in relationship in one or both of these countries.

In preparation for my travels to Tanzania and Haiti, I read the book *Toxic Charity: How Churches and Charities Hurt Those They Help* written by Robert Lupton. The book is thought provoking and challenging to churches and organizations that provide assistance in one form or another. The book provided me with a richer perspective of relationship building as I entered my sabbatical destinations. Sometimes the best intended acts of outreach can have devastating effects by disempowering those we are trying to help. For example, by distributing free mosquito nets to help prevent malaria we might be undercut-

ting a company in the country who produces and sells mosquito nets. Another example is of a group that built a well for a village but didn't train them how to maintain well or pay for the maintenance. A year after installation the well was not being used. A new well was then installed and maintenance training was provided. Even more important is that the water did not come free but villagers were charged for the water they used and water was even sold to outside villages. The simple well became an economic boom for the village. Betterment (addressing immediate need) was combined with Development (long term solution).

As St. Dunstan's moves forward in building relationships in Tanzania and/or Haiti, using the approach of Betterment with Development will guide us in creating transformative outreach and mission possibilities. We need to support and empower the Christian communities in the village or neighborhood they serve so they in turn might be a transformative resource for the people in need. Our actions should support their vision of improving faith, education and health in their corner of the world. You cannot imagine how much it means to these churches knowing they have support and encouragement from churches like ours. I was sur-

prised again and again that a just little can make an enormous difference in developing countries. A little love, a little financial help, can generate a lot of hope.

"Come and see." These were the words spoken to me last May by the Reverend Jon Fils of the Church of Notre Dame in Port-au-Prince. He tried to describe the conditions, the church, and the people to me but stopped and said, "Words don't accurately convey the situation. You must come and see." An important part of relationship building will be for more of us to go and see. So as we move forward I envision mission trips to the places that we are called to build relationship. Seeking out places for intergenerational connection will also be important. The Summer Sunday School program Christianity Around the World seems to have resonated with our children and we should continue cultivating their understanding of the depth and breadth of the Christian faith we share throughout the world.

The Lord has placed a great opportunity before us. If we can walk faithfully and prayerfully into this opportunity we will be building important relationships. We will be building hope.

Stephen +

PRAYERS OF THE PEOPLE

By The Rev. Anna M. Scherer

Philippians 4:4-7

4 Rejoice in the Lord always; again I will say, Rejoice. ⁵Let your gentleness be known to everyone. The Lord is near. ⁶Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Paul writes a letter of instruction and encouragement to the Church of Philippi. This passage is probably my favorite from this letter. I appreciate how Paul encourages the reader to focus on God's presence, to not worry, to rejoice, give thanks, and pray. It is a good reminder for us today. There is much that would distract us from focusing on God, and much that causes us to worry and fear and be sad. But God is near to us, present in all that we go through, and God hears our prayers. Prayer is a powerful thing – both privately and communally.

This is where the Prayers of the People come in. They are a way of praying as a community for what concerns us as a community. The Prayers of the People can take various forms, but should include prayers with intercession for the following:

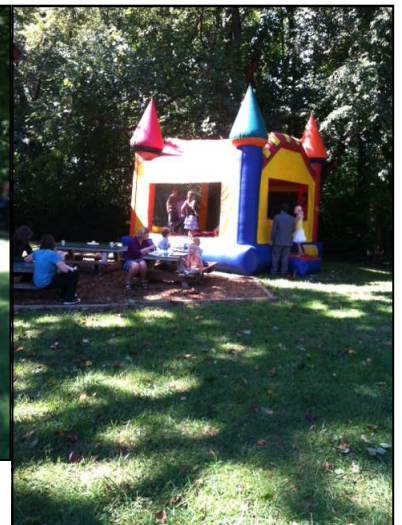
- ⇒ The Universal Church, its members, and its mission
- ⇒ The Nation and all in Authority
- ⇒ The welfare of the world
- ⇒ The concerns of the local community
- ⇒ Those who suffer and those in any trouble
- ⇒ The departed (with commemoration of a saint when appropriate)

(This guideline is found on page 383 of *The Book of Common Prayer*)

For a while we have been using the same form for the Prayers of the People, except for the few times this summer that we have used a liturgy from another Book of Common Prayer (New Zealand, Scotland, West Indies). Worshipping with those other liturgies has shown me how helpful it can be to use different words and prayers. I had to pay greater attention to what I was saying, and sometimes the differences made me think of something in a new light.

This fall we are going to use a greater variety of the Prayers of the People. We will be using prayers from other prayer books, as well as other sources. Sometimes the prayers will be long, sometimes they will be short. The hope is that they will help us to express our heartfelt thanks and supplications to God.

ST DUNSTAN'S PHOTO ALBUM



Welcome Back Picnic At St. Dunstan's

CHRISTIAN FORMATION

By Gray Snead, DCE

I had the wonderful opportunity to spend a lot of time with the youth of St. Dunstan's during our recent Shrine Mont retreat. I recommend spending time with them if you need to be reminded how awesomely interesting a place the world is, if you want to laugh a whole lot, or be witness to the power of the creative mind and spirit. During one of the sessions I planned for, it became clear very quickly who was teaching whom. I was continually impressed with youths' knowledge, their reasoning, and how fast they seem to learn *anything*. They also taught me about the elusive *serpent-dove*, which was cool -- and helpful. Thanks for that, and for all the fun at Shrine Mont. I look forward to next year's retreat!

With the school year underway, we find the month of October busy with meetings and other fun events. **Rite-13** will be meeting on the 7th and 21st, and the **J2A** will meet on the 14th and 28th. Both groups will be meeting during their usual times and designated places. **YAC** will meet again for "Eat, Pray, Love" on the 28th from 6-8 pm. They will join with other youth in Region V on the 13th for an Outreach effort gleaning a farm in Winchester, Va. **J2A will host a fundraising event for their upcoming Pilgrimage called "thing-a-thon," on October 27th, from 5-10 pm in the Fellowship Hall.** All youth are encouraged to bring their unique talents to this fundraising event. *Ever wanted to see someone jump rope or be a "living sculpture" for five hours?* Than this event is surely the one for you! For more details and sign-up, please contact

Richard Lee: leerich007@aol.com.

Soccer fans of St. Dunstan's will have a fellowship outing October 20 to see the DC United. Want to tag along? Come along, we're happy to have you join us!

Needed: extra teachers and substitutes for Sunday School. *Who knew you could have so much fun laughing and learning on Sunday morning? You won't need your coffee if you come by, the youth will surely get you revved up!* All are welcomed and encouraged to apply. Contact Gray Snead dce@stdunstans.net, or find him after the service.

Looking forward to another fun filled month. Stop in and say hello, or drop me a line. I'm always happy to hear from you. Peace, my friends.

UPCOMING EVENTS

WOMEN OF ST DUNSTAN'S Saturday, October 6 4:00 PM

- The FALL meeting of The Women of St. Dunstan's is set for Saturday, October 6th, from 4:00 to 6:00 p.m., in the Undercroft.
- We'll have a "theme" this time: **LAUGHTER**. Please bring a paragraph or two to share with us - - - something which makes you laugh and lifts your spirits.
- The meeting should last about an hour, and child-care can be available if you need it (please let us know ahead of time, so that we'll have an idea of how many little ones to expect).

- This is a nice opportunity to "catch up" with each other, and to welcome and include those who are new to our congregation. We'll sing a favorite hymn, enjoy some light refreshments, and think about what to do for our SPRING meeting. **PLEASE JOIN US!!! Mark October 6th on your calendar NOW!**

Elizabeth Lee - (703) 860-5060

Ellen Keck - (703) 356-2147

RUN WITH THE RECTOR Saturday, October 6 8:00 AM

****Attention all runners**** The Reverend Stephen Shepherd will be running in the McLean 5K Run for the Warriors Race on Saturday

October 6th at 8:00 a.m. The race will benefit the Wounded Warrior Transitional Housing Project at Vinson Hall. Please let Reverend Shepherd know if you would like to participate and be part of the St. Dunstan's team. Information regarding the race can be found at www.mclean5k.com.



BLESSING OF THE ANIMALS Sunday, October 7 4:00 PM

The Blessing of the Animals will take place at our St. Francis outdoor chapel. In case of rain, the service will take place in the Parish Hall.

UPCOMING EVENTS CONTINUED

LUNCH BUNCH

Wednesday, October 17

Noon

Place: The Greek Taverna

(Please note that our date is one week later this month.) The Greek Taverna is at 6828 C Old Dominion Drive McLean with under building parking. All are welcome-bring a friend. The carpool leaves the church parking lot at 11:40 am. Contact Helen Vogel (703) 534-4877.

FOURTH FRIDAY

October 26

6:30 in the Parish Hall

Our second Fourth Friday of this fall will be a celebration of Oktoberfest and Halloween. Our hope is that all of those interested--children and adults--will join us in costume. We will serve brats, sauerkraut, and rolls. It would be great if each family brings a side dish or dessert to share and their own beverage. Families with names beginning with A through M should bring side dishes and those from N through Z should bring desserts. See you in the Parish Hall from 6:30 to 8:30pm on Friday, October 26th. Got questions? ask Cheryl Mazzier at mazzier@cox.net or ask Anne Lauer at anne_lauer@hotmail.com or call 703-505-8136

SOCCER FELLOWSHIP EVENT

Saturday, October 20

Soccer Fans! We have the opportunity to see the DC United play. By going as a large group, we can get a discounted rate on seats AND have the chance to participate in the High Five Tunnel and/or being a Flag Carrier at the event. Interested? See Gray, our Christian Ed. Director, or send him a message here: dce@stdunstans.net

HELP THE HOMELESS WALK

Sunday, October 21

Following the 10:15 AM

Our annual walkathon will take place after the 10:15 service on October 21. You can register online or you can do so at the time of the event. You can make donations online if you are unable to attend. Hot-dogs will be provided, feel free to bring your own side-dish to share.

To register:

1. Go to the website: bit.ly/PL0uCU
 2. You will be re-directed to our Team Page.
 3. Click "Join this Team"
- OR you can go to the Help the Homeless main website: <http://www.hthwalks.org> and search for our event there. The name of our event is "St. Dunstan's Episcopal Church"

Registration fees are \$30 for adults and \$20 for youth (25 and under). --Online registrations: 100% of the registration fee will go to Samaritan Ministry.

--Offline registrations: A \$5 administrative fee will be deducted from each registration fee (Example: For a \$30 registration fee, only \$25 will go to Samaritan Ministry).



PARISH WORKDAY

Saturday, October 27

9am to noon

The Fall Parish Work Day is Saturday, October 27, from 9 a.m. to noon. Because many hands make light work, **please** put this on your calendar.

The outdoor projects will include weeding, spreading mulch, raking leaves, pruning, and removing vines from trees.

Come for some or all of the day,

and feel free to bring your favorite tools (rakes, pruners, shovels, brooms) and gloves. If you have no tools, we'll have a variety on site that you can use. Water, beverages, and light snacks are provided. No special skills are required - - just show up with your enthusiasm and a smile. Look for the sign-in table near the front door of the church.

This is a great opportunity for the whole family to join with others to spruce up our Parish. It's also a great opportunity for students to earn community service hours.

If you have questions or recommendations for projects, please contact Junior Wardens Philip Chalk (703) 790-1473 or Linda Young (703) 506-4357.

BOOKWORMS

Saturday, October 27

10:00 AM at the Hopkins'

(Please note that our date is one week later this month) The book we have chosen is "State of Wonder" by Ann Patchett. The narrative is replete with poison arrows, devouring snakes, scientific miracles, and spiritual transformations." "State of Wonder" presents a world of stunning surprise and danger rich in emotional resonance and moral complexity—the ending is as shocking as it is satisfying.

Helen Vogel (703) 534-4877

THING-A-THONG

Saturday, October 27

5:00—10:00 PM

Parish Hall

J2A is hosting this fundraising event for their upcoming pilgrimage. For more details contact Richard Lee: leerich007@aol.com

PARISH REGISTER



Robert S. Klaus May 9, 1943—September 5, 2012

Long-time parishioner Robert Klaus died on September 5th. Bob will be remembered for his joyous demeanor and faithful ministry for our fellowship events. There was a memorial gathering at Murphy's Falls Church Funeral Home on Friday September 14th. The memorial service was held Saturday Sept 15th at St. Dunstan's Church with interment in the Memorial Garden. In lieu of flowers, contributions may be made to the St. Dunstan's Memorial Fund. Please hold Bob's family in your prayers.

Elizabeth A. Lehman-July 28, 1916 – Sept. 23, 2012

There was a service for former St. Dunstan's parishioner Betty Lehman at St. Peters-by-the-Sea Church in Cape May Point, NJ on October 1st. She was active in the League of Women Voters, St. Dunstan's Episcopal Church, Mclean and as a substitute teacher at McLean High School. Memorial contributions are suggested to the Episcopal Church of the Advent, (the Heritage Fund), 686 Washington Street, Cape May, NJ 08204. info and condolences: www.spilkerfuneralhome.com

OCTOBER BIRTHDAYS



10/01 Sharon Henderson
10/08 Trevor Griffin
10/09 Jack Lindquist
10/12 Judy Irons
10/13 Teresa Ambrosius
10/13 Brian Henderson
10/13 Mitra Irdmusa
10/13 Alison Keck
10/15 Fritz Vogel
10/16 Manning Savage
10/16 Fred Vogel
10/16 Lena Vogel
10/20 Sinan Denny-Brown
10/20 Pat Moore
10/27 Donna Shedlock
10/28 Alice Curran
10/28 Kay McLaughlin
10/30 Claire Lee
10/31 Nicole Bacon
10/31 Nancy Burghardt

ST DUNSTANS IS NOW ON FACEBOOK, TWITTER & GOOGLE PLUS

To access go to:

[Facebook.com/DunstansMcLean](https://www.facebook.com/DunstansMcLean)

[Twitter.com/DunstansMcLean](https://twitter.com/DunstansMcLean)

[Gplus.to/DunstansMcLean](https://plus.google.com/DunstansMcLean)

NEW WEBSITE COMING SOON!

PLEASE EMAIL US YOUR FAVORITE ST DUNSTAN'S PICTURES.

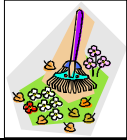
We are in the process of updating St. Dunstan's website and need your help. Please email your favorite pictures from St. Dunstan's to stdunstansmclean@gmail.com and we may use them on the new site.

DIRECTORY UPDATE

We are in the process of updating our directory. We have sent a pdf version of the directory to the email addresses we have on file. We will also be leaving a hard copy in the church vestibule before and after service.

Please let us know if your info is correct or if changes need to be made to your contact information. If you have revisions please submit them to office@stdunstans.net or simply mark up the hard copy in the vestibule.

If you would like a photo to be included in the directory, please email us one. Alternatively we will be taking photos after services this Fall (dates TBD). Thank you! - The Communications Committee

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Parish Work Day 9:00—Noon Saturday, October 27</p> 	<p>1 7:00 PM Boy Scouts #652/PH</p> <p>7:30 PM Young Adults Four Provinces</p>	<p>2 6:30 PM Outreach Meeting/UC</p> <p>7:00 PM Centering Prayer/ Chapel</p>	<p>3 10:30 AM Bible Study/Conference Rm. 2:00 PM Quilters/Common Room</p> <p>6:15 PM EFM/Common Room 6:30 PM Bible Study/Seely</p>	<p>4 <u>CHOIRS</u> Joy 6:15/PH Praise 6:45/PH Adult 7:30/UC</p>	<p>5 8:30 PM AA/ Common Room</p>	<p>6 8:00 AM Run with the Rector 9:00 AM MYO/PH 4:00 PM' ECW Meeting/UC</p>
<p>7 8:15 AM HE Rite I & Healing 10:00 AM Sunday School Rite 13 10:15 HE Rite II & Healing</p> <p>4:00 PM Blessing of the Animals</p>	<p>8 7:00 PM Boy Scouts #652/PH</p>	<p>9 7:00 PM Vestry/Common Rm.</p> <p>7:00 PM Centering Prayer/ Chapel</p>	<p>10 10:30 AM Bible Study/Conference Rm.</p> <p>2:00—3:30 PM Quilters/Common</p> <p>6:15 PM EFM/Common Room 6:30 PM Bible Study/Seely</p>	<p>11 <u>CHOIRS</u> Joy 6:15/PH Praise 6:45/PH Adult 7:30/UC</p>	<p>12 8:30 PM AA/ Common Room</p>	<p>13 9:00 AM MYO/PH</p> <p>Graling Wedding</p>
<p>14 8:15 AM HE Rite I 10:00 AM Sunday School J2A 10:15 HE Rite II 11:45 Choir II</p>	<p>15 7:00 PM Boy Scouts #652/PH</p>	<p>16 11:00 AM Vinson Hall</p> <p>7:00 PM Centering Prayer/ Chapel</p>	<p>17 10:30 AM Bible Study/Conference Rm. Noon Lunch Bunch/Greek Taverna 2:00 PM Quilters/Common Room</p> <p>6:15 PM EFM/Common Room</p>	<p>18 <u>CHOIRS</u> Joy 6:15/PH Praise 6:45/PH Adult 7:30/UC</p>	<p>19 8:30 PM AA/ Common Room</p>	<p>20 9:00 AM MYO/PH Soccer Fellowship</p>
<p>21 8:15 AM HE Rite I & Healing 10:00 AM Sunday School Rite 13 10:15 AM HE Rite II & Healing Homeless Walk</p>	<p>22 7:00 PM Boy Scouts #652/PH</p>	<p>23 7:00 PM Centering Prayer/ Chapel</p>	<p>24 10:30 AM Bible Study/Conference 2:00 PM Quilters/Common Room</p> <p>6:15—9:15 PM EFM/Common Room 6:30 PM Bible Study/Seely</p>	<p>25 <u>CHOIRS</u> Joy 6:15/PH Praise 6:45/PH Adult 7:30/UC</p>	<p>26 Fourth Friday!! 6:30 /PH</p> <p>8:30 PM AA/ Common Room</p>	<p>27 9:00 –Noon Parish Work Day 9:00 AM MYO/PH 10:00 AM /Hopkin's Booworms 5-10 Thing-a-Thon</p>
<p>28 8:15 AM HE Rite I 10:00 AM Sunday School 10:15 AM HE Rite II & J2A Baptism 11:45 Choir II 6-8 PM YAC</p>	<p>29 7:00 PM Boy Scouts #652/PH</p>	<p>30 7:00 PM Centering Prayer/ Chapel</p>	<p>31 10:30 AM Bible Study/Conference 2:00 PM Quilters/Common Room</p> <p>6:15—9:15 PM EFM/Common Room 6:30 PM Bible Study/Seely</p>			

CONTACT US

**St. Dunstan's Episcopal Church
1830 Kirby Road
McLean, VA 22101**

**The Very Rev. Stephen G. Shepherd, Rector
Email: rector@stdunstans.net**

**The Rev. Anna M. Scherer, Asst. Rector
Email: ascherer@stdunstans.net**

**Web: www.stdunstans.net
Phone: 703-356-7533**

St. Dunstan's Episcopal Church
1830 Kirby Road
McLean, VA 22101